

## Do you know a child who has been exposed to WOMAN ABUSE?

We are here to help!

## **BUILDING BRIDGES**

This program offers counselling and group support to children ages 5 to 16 who have been exposed to woman abuse. Parenting support, safety planning, and violence prevention strategies are also provided to mothers who have experienced woman abuse. This program will be starting in March 2020.

## **MOTHERS IN MIND**

This program offers group support for mothers who have experienced past trauma. Mothers attend the group with their children (0-4 yrs), to learn about and build secure attachment through story times with their children. This program will be starting in April 2020.

Referrals taken on an ongoing basis

For more information please call Megan Gibson at Manitoulin Family Resources (705) 368-3400 x231